

Book a school-based health promotion presentation

The Department of Health and Social Services' Health Promotion Unit (HPU) offers several school-based presentations for students, educators and parents. The HPU is also available to help you plan and implement a Health Week at your school.

To learn more or book a presentation, please email health.promotion@yukon.ca.

Sexual health education

Curriculum competencies: Physical Health Education

- Body parts and safe touch Grade K-3 (30 minutes)
- Puberty and reproduction Grade 4-7 (70 minutes/40 minutes/2)
- Sexual decision making Grade 8-12 (60 minutes)

For educators: Comprehensive Sexual Health Education (CSHE) (60 minutes).

This presentation focuses on teaching about the emotional, physical, and social aspects of sexuality.

Parent Talk: Comprehensive Sexual Health Education (CSHE) (60 – 90 minutes)

This presentation covers what we teach and when, the resources we use/offer and ways that grown ups can become approachable adults to the young people in their lives.

Nutrition

Curriculum competencies: Physical Health Education, Science, and English/Language Arts

Age-appropriate 30-60 minute presentations tailored to grade levels with a focus on:

- Food literacy, advertising, cycles, culture and traditions
- Nature, gardening and sensory topics
- Other nutrition topics as requested

For educators: Teach Food First: An Educator's Toolkit focuses on best practice, age-appropriate education to support children's learning about food, nutrition and the Canada Food Guide. <https://healthyschoolsbc.ca/teach-food-first/>

Nicotine and vaping

This grades 5+, 40-60 minute presentation covers the facts about vaping, nicotine dependency, marketing tactics, decision-making scenarios and demonstrations about the health effects of smoking

For educators: Vaping 101 covers the health effects of vaping and nicotine dependency, and helps shape an environment for students to prevent substance use.

For parents: Vaping 101 covers the health effects of vaping, nicotine dependency, marketing tactics and how to start a conversation with your youth. (60 – 90 minutes)

Cannabis

Let's Talk Pot is a Grades 6+, 40-60 minute presentation on the facts of cannabis, how it affects the brain and body, how to build decision-making skills and harm reduction tactics.